

The ultimate monthly

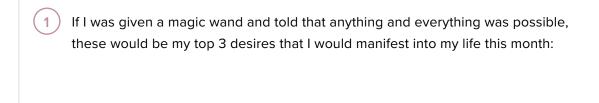
# INTENTION SETTING WORKSHEET

For quick and effective manifesting



MONTH:	DATE:			
CHECKING IN WITH YOURSELF				
1 Right now I am	GRATEFUL for:			
2 My current emo	tions as of late are:			
This is how I wa	nt to feel this month:			

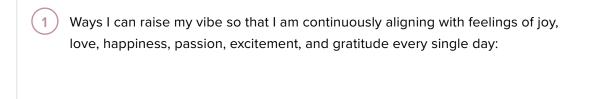
# **SETTING INTENTIONS**



The following is what I need to let go of in order for me to receive my desires:

In order for to me to align with my top 3 desires, the following is what I would need to believe to be true about me, my abilities, the world around me, and what I deserve to have:

### **INSPIRED ACTIONS**



Inspired actions I am committed to taking in order to show the Universe that I am ready for the next step:

Ways my intuition has guided me in the past, so that I know what to look out for, and immediately take the proper inspired action toward my desires as soon as I feel it come:

# **AFFIRMATIONS**

1	My affirmations for this month are:			
In order for my intentions to manifest this month, I must commit to the following:				
	I am committed to holding the faith that I WILL receive what I ask for even if it seems like it isn't happening in this moment.		I am committed to energetically letting go of my desires and completely detaching myself from the outcome.	
	I trust in Divine Timing and know that my desires are on their way to me right now.		I am committed to reminding myself that I deserve my desires on a daily basis and acting like it.	
	I hold gratitude in my heart for my desires as if they have already happened.		I surrender my intentions and affirm that THIS OR SOMETHING BETTER is on its way to me right now.	

#### and it's done!

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