

## **HEY GORGEOUS SOUL!**

#### *Is it really possible to manifest money in just 24 hours?*

In a limitless Universe where everything is possible... it absolutely is.

Over the next 24 hours we are going to play a game, specifically a money manifestation game. I really want you to focus on this as a real game, rather than a necessity. The more fun you choose to have, the faster it will work. The more stress you put into it, the longer it will take for the money to show up. Since we're on a 24-hour time crunch, it is imperative for you to release all expectations and attachments.

In case you didn't already know this, we live in an energetic world. Our thoughts, feelings, and beliefs emit vibrational frequencies which are then matched by the Law of Attraction. These frequencies are then returned to us via their physical counterpart. Whatever shows up in our reality is simply a reflection of the energetic state we are in. The actions we then take are inspired by the energetic state. Everything around us, including ourselves, is just vibrational energy.

Money is part of this energetic world, so at its core, it is energy as well. Energy flows best when we are open, receptive, and detached. The more forceful we are when manifesting something, the more resistance we create. The more at ease we are feeling when we're manifesting, the more energy flow we allow, therefore allowing more money to flow our way.

So how do we play this game? It's very easy. Just follow the steps exactly as I share them below, and then completely let go of any expectations and forget that you played this game in the first place. Otherwise, by obsessing over it for the next 24 hours, you'll end up resisting it. It sounds counterintuitive, and it may feel that way too, but trust me IT WORKS if you follow the steps. You have nothing to lose and only dollar signs to gain.

### **STEP ONE:**

Decide an amount that you will receive in the next 24 hours. Choose an amount you can easily get behind, but will still stretch your limits on what you believe is possible.

#### **EXAMPLE:**

Let's say that you can very well imagine \$20 coming your way in the next 24 hours, but \$500 isn't believable for you at all. Based on those parameters, let's say that \$100 is an amount that excites you and isn't an impossible stretch. It's also an amount that, if manifested, would absolutely blow your mind and prove that the game works.

## **STEP TWO:**

Write down on a piece of paper the following statement:

"Thank you, Universe, for the \$\_\_\_\_\_ that I unexpectedly receive in the next 24 hours. I release the "how" it happens, and have complete faith in the entire process. May this or something better come my way. And so it is."

Put this piece of paper in a drawer or your wallet -- somewhere you can hide it from yourself until it manifests.

### **STEP THREE:**

Now it's time to tap into your feelings.

Feel grateful for the money as if it is already in your wallet, hand, or bank account. Access as many positive feelings as you can that you would ACTUALLY feel when you know you've 100% manifested the money without a shadow of a doubt.

#### **STEP FOUR:**

Pay attention to any signs, nudges, or intuitive hints that you receive throughout the day leading you to the money that you intended on manifesting.

For example, did you feel inspired to clean out your purse or wallet, realizing you had \$40 stashed in one of the back pockets? Did you feel a nudge to call your grandma and catch up on life and all of a sudden she realized she had a gift card to give you from the last time she saw you? Maybe you felt like booking your afternoon massage at a different location and realized that they had a grand opening offer of \$50 off your massage. Or you decided to check your P.O. Box on your way home discovering an unexpected refund check of \$200 from something you bought 2 years ago. Don't obsess too much over the inspired action since it will come on its own, hence, why it's referred to as inspired action. Continue to go about your day, but pay attention to anything that is calling out to you. It's usually leading you to the money you're manifesting.

#### **STEP FIVE:**

Get busy with something else or go about your day as you did before you played this game.

Forget the timeline, forget the amount, forget that you even played this game to begin with. Let the Universe do its thang!

#### **STEP SIX:**

Acknowledge when you receive the money by celebrating it.

Jump up and down, shout out loud, do whatever you normally do when you're celebrating a huge accomplishment. The reason why this is so important is because, by celebrating the manifested money coming into your reality, you will subconsciously attract more money. When something is noticed by your subconscious mind as important, it will activate a small part of your mind called the Reticular Activating System (RAS). The RAS is the same part of you that is activated when you get a brand new car and suddenly you start to see this car everywhere, making it seem like everyone in your city drives the same vehicle. Even though that's not the case, your RAS is still picking up on what's important to you and bringing it into your reality. The exact same thing happens when you start to acknowledge not only the money you manifested, but also the money you already have. The more you acknowledge, the more you have!

# Manifested the money?

WOOHOO! I'd love to hear about it! Use the hashtag #24hourmoneygame, tag me on Instagram (@manifestationbabe), and share with me what you manifested!

# Money didn't show up after 24 hours?

No reason to get upset or give up! Try lowering or raising the amount (really tuning into which amount EXCITES you) and give it another go. The more you keep trying, the more likely you are to succeed. It took me 10 years to get to the level I am right now with manifesting money, and although that seems like a long time, it isn't compared to a lifetime missed if I would've given up. This works fast when you can realize it's meant to be a GAME.

Have fun:)

XoXo Kathrin Zenkina