

FIVE STEP MANIFESTATION PROCESS

Cheat sheet for manifesting anything into your reality

STEP ONE: *Ask*

Ask for what you want. State it. Write it down. Set your intention. Be super clear. Remember, the Universe heard you the first time. It knows what you want!

STEP TWO: *Wipe out limiting beliefs & know the truth*

Eliminate all the reasons why it's not possible. Figure out what's blocking you from believing this, and give yourself all the reasons why it will work. Remember to get behind what you're asking for energetically.

STEP THREE: *Affirm & believe in the truth*

Increase your belief that you are worthy of receiving what you asked for. Create positive affirmations for yourself that support the TRUTH. Know that you are worthy, the Universe is unlimited, and your desire is on its way to you right now.

STEP FOUR: *Take inspired action*

Listen to the nudges you start to receive. Begin trusting your intuition, and act on whatever it tells you. Action is required, but it should be INSPIRED by the Universe. It should feel effortless & easy. You will know what to do when it's time to do it.

STEP FIVE: *Receive*

Gracefully receive what you asked for. Keep in mind that most of the time, what you receive is BETTER than what you asked for. It will always come in Divine Timing.